

THE PURPOSEFUL LIFE FORMULA

You can follow a simple process to make your life more fulfilling.

GIFTS

Things you are good at

+

PASSIONS

Things you love

+

IMPACTS

Who you want to benefit

+

VALUES

Things that motivate you

+

POSSIBILITIES

What you want to be,
feel, and have

= **PURPOSE**

Narrow it down.

Consider your gifts, passions, and values.

The one thing I want to work on is:



Visualize what's ahead.

+

Which skills and gifts will help?



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What stands in my way?

